



Raspberry Hibiscus Iced Tea

It's easy to transform this Raspberry Hibiscus tisane into a delicious, ruby coloured iced tea.

I hope you enjoy my refreshing new recipe.

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You will need:

4 Raspberry Hibiscus tisane infuser pods

700ml water

The juice of 3 oranges (approx. 200mls)

Ice

Castor sugar to taste

Fresh raspberries for garnish

A 6-cup teapot

A large glass or plastic jug

Instructions:

Infuse the Raspberry Hibiscus tisane pods in the teapot, with the water heated to just below boiling point. Infuse for 5 minutes.

Remove the pods, pour the infusion into the jug and chill.

Add the orange juice and add sugar to taste.

To serve:

Pour into stemless wine glass over ice.

Garnish with fresh raspberries and enjoy!





*Be gentle with yourself.
You are a child of the Universe,
no less than the trees and the stars.*

Max Ehrmann, Desiderata

